

CAREER OBJECTIVE

Seeking an opportunity to work as a medical professional in a reputable hospital and utilize my professional skills to improve people's health and to their satisfaction and to contribute to the growth of the organization, this also caters to my professional and personal growth.

Experience

**Alva's Anandamaya Arogyadhama Hospital,
Mijar, Karnataka**

4 months

- ✚ Yoga Therapy, Acupuncture and Acupressure
- ✚ Physiotherapy, Diet prescription and Counseling.
- ✚ Monitoring and prescribing specific Naturopathic treatment with total patient care.

**Alva's OPD for Naturopathy and Yoga,
Moodbidri, Karnataka**

2 Month

- ❖ OPD consultation, Yoga instruction.
- ❖ Manipulative therapy, Acupuncture and Physiotherapy treatment.
- ❖ Diet prescription.

Alva's Health Centre, Moodbidri, Karnataka

2 month

- Monitoring and observing surgery cases.
- Assisting Doctor during surgery.
- minor suturing in OT

Hygiene Nature hospital, Kerala Calicut

- Specialized treatment of various ailments through fasting and hydrotherapy & leach therapy

1 month



Dr. YUMNAM RATANKUMAR MEITEI
Bachelor of Naturopathy and Yogic Sciences

- ✚ Alva's college of Naturopathy and Yogic Sciences
- ✚ Rajeev Gandhi University

PROFESSIONAL SKILLS

Acupuncture

Acupressure

Hydrotherapy,
Mudtherapy

Reflexology

Therapeutic massages

Conducted Yoga classes
At hospitals and clinics

Physiotherapy, Cupping
Therapy
Diet therapy

Good in communicating with patients and can develop rapport with the patients which helps in teaching and counselling the patients.

Education

2015–2021

- **Bachelor of Naturopathy And Yogic Science**

- Alva's college of

Naturopathy and Yogic Sciences

- Overall Percentage: 60.4%

2014–2015

- BRAJALAL INSTITUTE OF SCIENCES MOIRANGKHOM IMPHAL
- Total percentage: 67.3%

2012–2013

- High School Leaving Certificate Examination
- BRILLANT PUBLIC SCHOOL, SHAMUROU IMPHAL WEST
- Total percentage: 65%

Contact

Dr. YUMNAM RATANKUMAR MEITEI
S/O YUMNAM BUDHI MEITEI
WANGOI LONGJAM LEIKAI
Imphal-west [Manipur]
INDIA- MANIPUR, PIN NO.-795009
Phone: +919591806991
Email: ratanyumz@gmail.com

Dr. YUMNAM RATANKUMAR MEITEI

YOGAKSEMA CLINIC INDIRA NAGAR
BANGALORE [Karnataka]

2 month

- Monitoring, counselling and yoga.
- Took YOGA class for patients, student, yoga treatment in morning and evening, Acupuncture and Ayurveda treatments OPD consultation, diet prescription in various diseases

MRR-Nature Cure Hospital solur Karnataka – Bangalore

1 month

- Physiotherapy, Acupuncture.
- Consultation, diet prescription, acupuncture treatment, manipulative therapy, physiotherapy and yoga treatment in various treatments, hydrotherapy treatment.

IGTAMSU (Indira Gandhi Technology and Medical Sciences University).

- Currently I'm assistant professor of BNYS (Bachelor of naturopathy and yogic sciences) department

- ✓ Here I'm joining on 6th July 2020 Wednesday

Workshop Attended

Participated in the 2nd national conference on yoga and Naturopathy as life style medicine for metabolic & life style diseases held at SDM college Ujire.

- Participated in 2nd International conference on holistic wellness through yoga & Naturopathy (ICHW-2021)
- Participate for International conference held at Alva's college vidyagiree
- Participate for AYUSH HABBA by department of AYUSH- Government of Karnataka, Dakshina Kannada Administration and AYUSH foundation[R] Mangalore.
- Participate at 5th, 6th, 7th International day of Yoga held at Alva's College of Naturopathy and Yogic Sciences
- Participate for shri Vedic mission trust 28/DEC/ 2019 TO 05/JAN/2020

Language

- English: Verbal and Oral-Full Professional Proficiency.
- Manipuri: Verbal and Oral-native Proficiency.
- Hindi: Oral-Limited Working Proficiency

Reference

Dr. VANITHA SHETTY, Principal/CMO, Alva's College of Naturopathic and yogic science and Hospital.

