

DR.JUNAIDUL MUBARAK M

Mullambalathil (H), Cheruvayur (P.O), Vazhakkad (Vil)

Malappuram, Kerala. PIN – 673645

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OBJECTIVE

To seek a challenging and responsible position in a renowned Organization where I can prove and enhance my skills and capabilities. • To Work in an energetic and active environment where I would find better scope to implement my knowledge for the development of the concern.

EXPERIENCE

- Worked as Medical Officer at Hygiene Nature Centre, Parappanangadi, Malappuram, Kerala. (5 months)
- Currently working as Asst. Professor since 21/11/2020 & also appointed as Principal I/C and Medical officer in Yoga & Naturopathy Department at Indira Gandhi Technological and Medical Sciences University, Ziro, Arunachal Pradesh.

QUALIFICATION

BNYS (Bachelor of Naturopathy and Yogic Science) from Alva's College of Naturopathy and Yogic sciences Affiliated to Rajiv Gandhi University of Health sciences, Bangalore, with aggregated score of 68.7 %.

KEY SKILLS

- Trained in treating various disorders through Naturopathy.
- Knowledge of nutrition and dietetics in treating lifestyle diseases.
- Trained in treating various diseases with Traditional Acupuncture.
- Trained in treating various diseases with Su Jok therapy.
- Efficient in treating diseases through Yoga special techniques.
- Efficient in teaching Yoga classes for beginners and advanced level practitioners.
- Trained in treating various diseases with cupping therapy

TRAINING UNDERTAKEN

- Completed internship at Alva's Anandamaya Arogyadama, Mangalore (3 months).
- Completed internship at MRR Nature cure, Bangalore. (1 month).
- Completed internship at Alva's Casualty Department (1month).
- Completed internship at Alva's Naturopathy and Yoga OPD department (2 months).
- Completed internship at RK nature cure home, Coimbatore (1 month).
- Completed internship at SVYASA university, Bangalore (1 month)
- Completed internship at Alva's Health Centre, Mangalore. (1 month)
- Completed internship at Gandhiji Nature Cure Hospital, Mangalore (1 month)
- Completed internship at Brindavan Nature Cure Hospital, Mangalore (1 month)

EXPERTISED IN

Yoga • Hydrotherapy • Fasting and Diet therapy • Acupuncture • Physiotherapy • Manipulative therapy

EXTRA CURRICULAR ACTIVITIES

- Participated in State level Yoga competition held at Govt. Ayurveda Medical College, Mysuru in the year 2015 and secured second place in Men solo division.
- Participated in medical camps conducted in Alva's College of Naturopathy and Yogic sciences.
- Participated in yoga camps conducted by Alva's College of Naturopathy and Yogic Sciences.

STRENGTH

- Polite and soft in nature.
- Good verbal and written communication skills.
- Punctual and Disciplined.

PERSONAL PROFILE

- Name : Junaidul Mubarak M
- Father Name : Muhammed Kunchi
- Date of Birth : 29/03/1996
- Nationality : Indian
- Religion : Muslim
- Marital Status : Single
- Contact : +916238637617
- E- mail : drjunaidulmubarak@gmail.com

LANGUAGE

- Malayalam : Read, Write and Speak
- English : Read, Write and Speak.
- Hindi : Read, Write and Speak
- Tamil : Speak
- Kannada : Speak

REFERENCE

- Dr. Vanitha Shetty (Principal / CMO)
Alvas College of Naturopathy & Yogic Science & Hospital
Mijar, Moodbidri, D.K., Karnataka
- Dr. Archana Padmanabha (Association Professor)
Alvas College of Naturopathy & Yogic Science & Hospital
Mijar, Moodbidri, D.K., Karnataka

DECLARATION

I hereby declare that the information given above is true and correct to the best of my knowledge.

Dr. Junaidul Mubarak M

