

**TIME TABLE PG DIPLOMA IN SPORTS COACHING (Session: 2022-23)**

DAY	9 A.M. - 10 A.M	10 A.M. - 11 A.M.	11 A.M. – 12 P.M.	12 P.M. – 1 P.M.	1 P.M. – 2 P.M	2 P.M. – 3 P.M.	3 P.M. – 4 P.M.
<b>MON.</b>	GAME/SPORTS SPECIALIZATION DR. SANDEEP BHALLA / POOJA	SCIENTIFIC SPORTS TRAINING MR. SHIV KUMAR	-----	OFFICIATING AND COACHING MS. SHIVANI SINGH	<b>L</b>  <b>U</b>  <b>N</b>  <b>C</b>  <b>H</b>	ORG. AND ADMINISTRATION DR. BALJEET SINGH	ANATOMY AND PHYSIOLOGY DR. NISAR HUSSAIN
<b>TUE.</b>		SCIENTIFIC SPORTS TRAINING MR. SHIV KUMAR	-----	OFFICIATING AND COACHING MS. SHIVANI SINGH		ORG. AND ADMINISTRATION DR. BALJEET SINGH	ANATOMY AND PHYSIOLOGY DR. NISAR HUSSAIN
<b>WED.</b>	GAME/SPORTS SPECIALIZATION DR. SANDEEP BHALLA / POOJA	SCIENTIFIC SPORTS TRAINING MR. SHIV KUMAR	-----	OFFICIATING AND COACHING MS. SHIVANI SINGH		ORG. AND ADMINISTRATION DR. BALJEET SINGH	ANATOMY AND PHYSIOLOGY DR. NISAR HUSSAIN
<b>THUR.</b>	-----	SCIENTIFIC SPORTS TRAINING MR. SHIV KUMAR	ANATOMY AND PHYSIOLOGY DR. NISAR HUSSAIN	OFFICIATING AND COACHING MS. SHIVANI SINGH		ORG. AND ADMINISTRATION DR. BALJEET SINGH	ANATOMY AND PHYSIOLOGY DR. NISAR HUSSAIN
<b>FRI.</b>	-----	SCIENTIFIC SPORTS TRAINING MR. SHIV KUMAR	-----	OFFICIATING AND COACHING MS. SHIVANI SINGH		ORG. AND ADMINISTRATION DR. BALJEET SINGH	ANATOMY AND PHYSIOLOGY DR. NISAR HUSSAIN
<b>SAT.</b>	GAME/SPORTS SPECIALIZATION DR. SANDEEP BHALLA / POOJA	SCIENTIFIC SPORTS TRAINING MR. SHIV KUMAR	ANATOMY AND PHYSIOLOGY DR. NISAR HUSSAIN	OFFICIATING AND COACHING MS. SHIVANI SINGH		-----	-----

NOTE: 1. If one is unable to take the class, kindly inform one day earlier, so that adjustment can be given to other faculty.

2. Morning Practical Session (5:00 to 7:00) is Mandatory for All Students of Department of Sports.

Paper – 1 Techniques & Tactics of Choice Game/Sports - 120 Hours.

Paper – 2 Scientific Sports Training - 120 Hours.

Paper – 3 Officiating and Coaching - 130 Hours.

Paper – 4 Organization and Administration in Sports - 120 Hours.

➤ Copy To:

- The Registrar Sir
- Concerned Faculties
- Notice Board for All Students
- Reception and Office Record

**Dr (Prof.) Sandeep Bhalla**