

TIME TABLE - M. A. (Physical Edu.)/MPES 1st Year, Session: 2022-23

DAY	9 A.M. - 10 A.M	10 A.M. - 11 A.M.	11 A.M. – 12 P.M.	12 P.M. – 1 P.M.	1 P.M. – 2 P.M	2 P.M. – 3 P.M.	3 P.M. – 4 P.M.
MON.	Sports Training Mr. SHIV KUMAR	Sports Psychology Dr Sandeep Bhalla	Physiology of Exercise Dr Nisar Hussain	Education Technology & Teach. Methods MR. SHIVANI SINGH	L U N C H		
TUE.	Sports Training Mr. SHIV KUMAR	Sports Psychology Dr Sandeep Bhalla	Physiology of Exercise Dr Nisar Hussain	Education Technology & Teach. Methods MR. SHIVANI SINGH			
WED.	Sports Training Mr. SHIV KUMAR	Sports Psychology Dr Sandeep Bhalla	Physiology of Exercise Dr Nisar Hussain	Education Technology & Teach. Methods MR. SHIVANI SINGH			
THUR.	Sports Training Mr. SHIV KUMAR	Sports Psychology Dr Sandeep Bhalla	Physiology of Exercise Dr Nisar Hussain	Education Technology & Teach. Methods MR. SHIVANI SINGH			
FRI.	Sports Training Mr. SHIV KUMAR	Sports Psychology Dr Sandeep Bhalla	Physiology of Exercise Dr Nisar Hussain	Education Technology & Teach. Methods MR. SHIVANI SINGH			
SAT.	Sports Training Mr. SHIV KUMAR	Sports Psychology Dr Sandeep Bhalla	Physiology of Exercise Dr Nisar Hussain	Education Technology & Teach. Methods MR. SHIVANI SINGH			

NOTE: 1. If one is unable to take the class, kindly inform one day earlier, so that adjustment can be given to other faculty.

2. Morning Practical Session (5:00 to 7:00) is Mandatory for All Students of Department of Sports.

Paper – 1 Sports Training - 120 Hours.

Paper – 2 Sports Psychology - 120 Hours.

Paper – 3 Physiology of Exercise – 110 Hrs.

Paper – 4 Education Tech. and Teach. Methods - 120 Hours.

Copy To:

- The Registrar Sir
- Concerned Faculties
- Notice Board for All Students
- Reception and Office Record

Dr (Prof.) Sandeep Bhalla