

TIME TABLE - B. A. (Physical Edu.)/BPES 1st Year, Session: 2022-23

DAY	9 A.M. - 10 A.M	10 A.M. - 11 A.M.	11 A.M. – 12 P.M.	12 P.M. – 1 P.M.	1 P.M. – 2 P.M	2 P.M. – 3 P.M.	3 P.M. – 4 P.M.
MON.	History, Principles and Foundation of PE DR. BALJEET SINGH	Health Education and Environmental Studies MS. POOJA	Measurement And Evaluation in Phy. Edu. MR. SHIV KUMAR	Anatomy and Physiology MR. SHIV KUMAR	L U N C H	Sports Biomechanics and Kinesiology DR. NISAR HUSSAIN	Theory of Sports & Games DR. SANDEEP BHALLA
TUE.	Teaching and Coaching of Athletics Ms. Pooja	English Communication Ms. Archana Singh					
WED.	History, Principles and Foundation of PE DR. BALJEET SINGH	Health Education and Environmental Studies MS. POOJA	Measurement And Evaluation in Phy. Edu. MR. SHIV KUMAR	Anatomy and Physiology MR. SHIV KUMAR		Sports Biomechanics and Kinesiology DR. NISAR HUSSAIN	Theory of Sports & Games DR. SANDEEP BHALLA
THUR.	Teaching and Coaching of Athletics Ms. Pooja	English Communication Ms. Archana Singh					
FRI.	History, Principles and Foundation of PE DR. BALJEET SINGH		Measurement And Evaluation in Phy. Edu. MR. SHIV KUMAR	Anatomy and Physiology MR. SHIV KUMAR		Sports Biomechanics and Kinesiology DR. NISAR HUSSAIN	Theory of Sports & Games DR. SANDEEP BHALLA
SAT.	Teaching and Coaching of Athletics Ms. Pooja	English Communication Ms. Archana Singh					

NOTE: 1. If one is unable to take the class, kindly inform one day earlier, so that adjustment can be given to other faculty.

2. Morning Practical Session (5:00 to 7:00) is Mandatory for All Students of Department of Sports.

Paper – 1 History, Principles and Foundation of PE - 120 Hours.

Paper – 3 Teaching and Coaching of Athletics - 130 Hours.

Paper – 5 Anatomy and Physiology - 120 Hours.

Paper – 7 Theory of Sports & Games - 130 Hours.

Paper – 2 Measurement and Evaluation in Phy. Edu. - 120 Hours.

Paper – 4 Health Education and Environmental Studies - 120 Hours.

Paper – 6 Sports Biomechanics and Kinesiology - 120 Hours.

Paper – 8 English Communication - 120 Hours.

Copy To:

- The Registrar Sir
- Concerned Faculties
- Notice Board for All Students
- Reception and Office Record

Dr (Prof.) Sandeep Bhalla