



Dr. TAGE SEPI (PT)
MPT (Neurology and Psychosomatic Disorder), MIAP

Ziro, Arunachal Pradesh

8794191453

tagesepi2019@gmail.com

SKILLS DEVELOPED

- Aerobic and fitness, Pilates, Prenatal and Post Natal care, IAFT
- Myokinetic Chain Release and Activation Technique
- K-CAT
- Shoulder Rehabilitation
- Vestibular Rehabilitation for patients with BPPV
- Cupping Therapy

CONFERENCES AND SEMINARS

- Youth Physio conclave, Jaipur- 2017
- Manual Therapy Conference, Jodhpur 2017
- Youth Physio conclave, Ahmedabad - 2018
- Female Physio Summit, Jaipur - 2018 & 2019
- OMPTCON, Delhi 2018

AWARDS & HONORS

2nd Prize in Paper presentation, Jodhpur Manual Therapy Conference
(Topic: Correlation between waist circumference and back extensor endurance in collegiate female)
Gold Medalist, Jaipur National University, Batch 2017-19

ASSISTANT PROFESSOR, IGTAMSU

CAREER HIGHLIGHTS

- Volunteered as Physiotherapist during ZCC-XC, Ziro - 2021
- Volunteered as Physiotherapist during 'Ride with Children', organized by MTB club, Ziro - 2021
- Volunteered as Physiotherapist during National Sports Festival, at Ziro, India- 2019.
- Volunteered as Physiotherapist in Physio-Sewa camp, Amritsar - 2018
- Exposed to **MY PHYSIO**, Jaipur as consultant Physiotherapist , 2018-2019

WORK EXPERIENCE

Assistant Professor

Since December 2020 ,
- Current ,

IGTAMSU

Ziro, Arunachal Pradesh

- Teaching Physiotherapy course.
- Guide the Students in learning practicals.
- Take Consultation to patient.
- Assess, plan and design Physiotherapy treatment Protocols for patient.
- Assist the HOD, in Management activities like organising health awareness camps, planning out the timetable etc.

Consultant Physiotherapist

August 2016

Siang Physiotherapy Center
Naharlagun, Arunachal Pradesh

- June 2017

- Took consultation for patient.
- Assessed, planned and designed Physiotherapy treatment Protocols for patient.
- Assisted in organising Physiotherapy awareness camp at various places.

EDUCATION

Masters of Physiotherapy (2017-2019)

Jaipur National University
Jaipur, Rajasthan
Gold Medalist

Bachelor of Physiotherapy (2011-2016)

Srinivas College of Physiotherapy,
RGUHS
Mangalore, Karnataka

THESIS and PROJECTS

- MPT:** Severity of anxiety and depression in caregivers of children with cerebral palsy and its relation to the type of cerebral palsy
- BPT:** Role of Physiotherapy in Alkaptonuria

PUBLICATIONS

- Tage Sepi , Himanshu Mathur , Ashutosh Sharma, COMPARISON OF SEVERITY OF ANXIETY AND DEPRESSION IN CAREGIVERS OF CHILDREN WITH CEREBRAL PALSY AND ITS RELATION TO THE TYPE OF CEREBRAL PALSY, International Journal of Science and Healthcare Research Vol.5; Issue: 4; Oct.-Dec. 2020 Website: ijshr.com, ISSN: 2455-7587
- Takhe Junja, Tage Sepi, Somsankar Mukherjee, SCOPE OF PRACTICE AND CHALLENGES FACED BY PHYSIOTHERAPIST IN ARUNACHAL PRADESH, Universe International Journal of Interdisciplinary Research, Volume 2 Issue 2 Pages 183-201, DOI NO.: 08.2020-25662434 DOI Link: <https://www.doisds.org/doi/10.2021-11855853/UJIR>, <https://uijir.com/scope-of-practice-and-challenges-faced-by-physiotherapist-in-arunachal-pradesh>.
- Tage Sepi, Somsankar Mukherjee, IDENTIFICATION OF OBSTACLES DURING CLINICAL EDUCATION FOR INDIAN PHYSICAL THERAPIST STUDENTS.; international journal of novel research and development; Volume 7 Issue 4 Pages 624-631 Publisher IJ Publication ; <https://www.ijnrd.org/papers/IJNRD2204072.pdf>.

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Varsha Tamang, Dr. Tage Sepi, Dr. Somsankar Mukherjee, Comparative analysis of immediate effect of static stretch and muscle energy technique in Hamstring flexibility in collegiate of Ziro; international journal of innovative science and research technology; Volume 7, issue 9, page 725-736. <https://ijisrt.com/comparative-analysis-of-immediate-effects-of-static-stretch-and-muscle-energy-technique-in-hamstring-flexibility-in-collegiate-of-ziro-arunachal-pradesh>